

Heat Relief

City Cooling Centers

A Cooling Center is an air-conditioned facility where Chicago residents can go to find relief from the heat.

The Chicago Department of Family and Support Services operates six Cooling Centers during the summer months. Additional facilities are opened as needed in libraries, Park District buildings, senior centers and other community venues.

Call 311 to locate a Cooling Center in your area.

DFSS COOLING CENTERS

9 a.m. - 5 p.m., Monday, Tuesday, Thursday and Friday
11 a.m. - 7 p.m. on Wednesday
(Hours and days may be extended)

Garfield Community

Service Center

10 S. Kedzie
312-746-5400

Trina Davila

Community Service Center

4357 W. Armitage Ave.
312-744-2014

Englewood

Community Service Center

845 W. 69th St.
312-747-0200

North Area

Community Service Center

4740 N. Sheridan Rd.
312-744-2580

King

Community Service Center

4314 S. Cottage Grove
312-747-2300

South Chicago

Community Service Center

8650 S. Commercial Ave.
312-747-0331



City of Chicago

 CHICAGO DEPARTMENT OF
family & support services

Beat the Heat!

Keep Your Cool During Extreme Hot Weather

Oppressive summer heat is more than uncomfortable. High temperatures and humidity can pose a health and safety hazard. The City of Chicago has many services available to help residents cope safely with extreme weather conditions.

CALL 311 TO:

- Locate a Cooling Center near you.
- Request a well-being check for someone who may be suffering from the heat.
- Register for the City's Extreme Weather Notification System.

HOT WEATHER TIPS:

- Drink lots of water and natural juices; avoid alcoholic beverages, coffee and colas.
- Avoid going outside in the blazing heat.
- If you don't have air conditioning, keep shades drawn and blinds closed, but windows slightly open.
- Keep electric lights off or turned down.
- Minimize use of your oven and stove.
- Wear loose, light, cotton clothing.
- Take cool baths and showers.
- Don't leave anyone (including pets) in a parked car, even for a few minutes.

CHECK ON OTHERS

During periods of excessive heat, check on relatives, neighbors and friends. If you are unable to make contact, call 311 and request a well-being check.



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